



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School Breakfast and Lunch Menu May 2024



Alternate Cereal, Oatmeal or Parfait Available daily for

Breakfast and Lunch Served with variety milk choice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>					
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Omelet and Toast Fruit Juice, Milk		Pancakes Fruit Juice, Milk		Donut Fruit Juice, Milk		Breakfast Boat Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk	
BBQ Sandwich French Fries Coleslaw Fresh Fruit and Vegetable Bar Sugar Cookie Milk		SMS Special Chicken, Rice and Cheese Sauce Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk		Chicken Tenders Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk		Spaghetti w/ Meat Sauce Green Beans Garlic Bread Fresh Fruit and Vegetable Bar Milk		Build Your Own Pizza Ceasar Salad Fresh Fruit Ice Cream Milk	
Corn Dog/Veggie		SAME		Chicken Nuggets/Potato		SAME		SAME	
6		7		8		9		10	
Breakfast Pizza Fruit Juice, Milk		Waffles Fruit Juice, Milk		Chefs Choice Fruit Juice, Milk		Pancake on a Stick Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk	
Cheeseburger Lettuce, Tomato and Pickle Curly Fries Fresh Fruit and Vegetable Bar Chocolate Chip Cookie Milk		Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk		Chefs Choice 		Breakfast for Lunch Scrambled Eggs and Sausage Biscuits and Gravy Yogurt Bar Juice, Milk Milk		Sub Sandwich Lettuce, Tomato and Pickles Baked Cheetos Fresh Fruit and Vegetable Bar Jello Milk	
Corn Dog/Veggie		SAME		SAME		SAME		Pizza/Salad	
13		14		15		16		17	
Sausage and Cheese Biscuit Fruit Juice, Milk		French Toast Sticks Fruit Juice, Milk		Long John Donut Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk		SHS Graduation	
Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Chocolate Cake Milk		Pizza Sweet Corn Pasta Salad Fresh Fruit and Vegetable Bar Milk		Chicken and Waffles Strawberries Syrup Cup Potato Smiles Juice, Milk		 Corn Dog Sack Lunch Fruit and Veggie Cookie Milk			
SAME		SAME		SAME		SAME			

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.